

# FREMONT COUNTY RESOURCE GUIDE

[www.fremontcountyhc.com](http://www.fremontcountyhc.com)

Contact Janelle at 719-275-5600 or  
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**Zip Codes**                      **Area Code 719**  
**Cañon City 81212**              **Florence 81226**  
                                          **Penrose 81240**

**Time Zone:** Mountain Standard Time MST  
**Elevation:** 5332 ft  
**Population:** 46824 people

## Emergency/Crisis Phone Numbers

<b>Police Emergency</b> .....	<b>911</b>
Police Non-Emergency Cañon City .....	719-276-5600
Non-Emergency Florence .....	719-784-3411
<b>Sheriff Emergency</b> .....	<b>911</b>
Sheriff Non-Emergency Cañon City .....	719-276-5555
<b>Cañon City Fire Department</b> .....	719-275-8666
<b>Florence Fire Department</b> .....	719-784-3611
Child Abuse Reporting During Hours .....	719-275-2318
After Hours .....	719-285-2000
Family Crisis Services .....	719-275-2429
Emergency Respite/Child Care .....	719-275-0550
Poison Control .....	800-222-1222
Suicide Prevention Center Help Line ....	719-544-1133
Rape Crisis Hotline .....	719-275-2429
Drug & Alcohol Hotline .....	800-996-3784
Youth Crisis Hotline .....	800-448-4663
Crime Stoppers .....	719-275-7867
Crime Victims Compensation Program .....	719-269-0170
Crime Prevention Program .....	276-5600 x3917
Elderly Abuse (to report) .....	719-275-2318
<b>Family Crisis (Domestic Violence/Shelter)</b>	719-275-2429
Gang Prevention Information .....	719-276-5555
Victim's Assistance Unit .....	719-276-5518
Victim/Witness Program .....	719-269-0170
National Human Trafficking Resource Center	888-373-7888
Colorado Network to end Human Trafficking	866-455-5075

## Housing & Shelters

<b>Loaves &amp; Fishes Ministries</b> .....	719-275-0593
Family Crisis Center .....	719-275-2429
Housing & Homeless Prevention .....	719-544-4233

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## Health Wellness & Treatment Programs

<b>St Thomas More Hospital</b> .....	719-285-2000
1338 Phay Ave, 81212	
<b>Department of Human Services (Medicaid)...</b>	719-275-2318
172 Justice Center Rd, 81212	
<b>Fremont County Public Health</b> .....	719-276-7450
201 N. 6th St, 81212	
Cañon City Pregnancy Center .....	719-275-7074
508 Greenwood, 81212	
WIC (Women, Infant, Children) .....	719-275-1580
3224-A Independence Rd, 81212	
<b>Solvista Mental Health Center</b> .....	719-275-2351
3225 Independence Rd, 81212	
<b>Rocky Mountain Behavioral Health</b> .....	719-275-7650
3239 Independence Rd, 81212	
Aspen Family Center .....	719-269-8338
615 N. 15th St, 81212	
Hospice Services .....	719-275-1261
601 Greenwood Ave, 81212	
Colorado QuitLine (smoking cessation) .....	800-784-8669
Drug & Alcohol Treatment .....	719-275-7650
Recreational Department (Fitness Programs) ...	719-275-1578
National Alliance on Mental Illness.....	719-315-4975

## Family & Senior Resources

<b>Fremont County Family Center</b> .....	719-269-1523
1333 Elm Ave, 81212	
Car Seats, Infant/Toddler Programs, Early Head Start & First Steps, Parents as Teachers Home Visiting, Passport, Playgroups, Teen Parent Support Group, CHP+/Medicaid application assistance & more.	
Project ECHO/ACCESS Center .....	719-276-6174
Colorado Preschool Program .....	719-276-6174
Head Start .....	719-275-8636
Cañon City School District RE-1 Admin .....	719-276-5700
Florence School District RE-2 Admin .....	719-784-6312
Penrose School .....	719-372-6777
Pueblo Community College Fremont Campus .....	719-296-6100
GED - General Education Development .....	719-647-0023

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## Government Numbers

County Courthouse .....	719-269-0100
136 Justice Center Rd, 81212	
Cañon City Hall .....	719-269-9011
128 Main St, 81212	
Florence City Hall .....	719-784-4848
600 W. 3rd St, 81226	
<b>Upper Arkansas Area Council of Governments</b>	719-275-8350
3224-A Independence Rd, 81212	
Colorado State ID Cards/Driver's License	719-275-5617
127 Justice Center Rd, 81212	
<b>Fremont County Public Health &amp; Environment</b>	719-276-7450
201 N. 6th St, 81212	
Department of Labor & Employment .....	719-275-7408
3224-B Independence Rd, 81212	
<b>Department of Human Services</b> .....	719-275-2318
172 Justice Center Rd, 81212	
Handicap Placard/License Plates .....	719-276-7330
615 Macon Ave Rm 102, 81212	
Social Security Administration .....	719-275-7848
115 N. 10th St, 81212	
Unemployment Insurance .....	800-388-5515
Free Government Cell Phone .	<a href="https://qlinkwireless.com">https://qlinkwireless.com</a>

## Legal Aid & Information

CASA .....	719-269-2393
Cañon City Library (Call for Information)	719-269-9020
Legal Aid (Southwest Colorado) .....	800-395-2465
Colorado Legal Services .....	719-471-0380
The Legal Center (Persons w/ Disabilities)	800-288-1376

## Employment & Training

Colorado Workforce Center .....	719-275-7408
WIOA (Job Training) .....	719-275-7408
Department of Human Services .....	719-275-2318
Fremont County Headstart GED .....	719-275-8636
Loaves & Fishes (Day Labor Signup) .....	719-275-0593
Budget Counseling (UAACOG) .....	719-269-7687
Home Buyer Counseling & Education .....	719-269-7687
Cañon City Public Library (Computers) .....	719-269-9020
John C Fremont Library(Florence Computers)	719-784-4649

**Utility Assistance**

LEAP .....	719-275-2318
Loaves & Fishes .....	719-275-0593
CSBG Grant (one time only) .....	719-275-1675
Fremont County Family Center .....	719-275-0550

**Transportation**

Fremont County Transit .....	719-276-5200
Fremont Cab .....	719-784-2222
Friendly Visitors (Senior Citizens) ....	719-275-3900

**Notes**

Provided courtesy of the  
**Fremont County Homeless Coalition**  
 241 Justice Center Rd  
 Canon City, Colorado 81212

**Childcare**

Fremont County Headstart .....	719-275-8636
Children First (childcare referral service) ..	719-269-6118
Mile High United Way's Child Care .....	877-338-2273

**Parent Workshops & Training**

<b>DHS (Department of Human Services) .....</b>	<b>719-275-2318</b>
Family Crisis .....	719-275-2429
Fremont County Family Center .....	719-275-0550
Head Start .....	719-275-8636
Children First .....	719-296-6118
RE-1 School District .....	719-276-5700

**Support & Self Help Groups**

Alcoholics & Narcotics Anonymous .....	719-276-9152
Alano Club .....	719-542-6347
Awareness Institute .....	719-546-0904
Parkview Chemical Dependency Program .....	719-584-4343
Families of children w/emotional disorders ...	719-275-0550
Infant/Child Loss Support Group .....	719-275-0550
Teen Moms (PIPE) .....	719-275-0550

**Persons With Special Needs**

Starpoint .....	719-275-1616
Handicapped Children's Program .....	719-269-7450
Peak Parent Center .....	800-284-0251
Respite Care (Caretakers of Senior Citizens) .	719-275-3900
Respite Care (Families w/ Disabled Children) .	719-275-0550
Social Security Administration .....	866-272-5728

**Senior Citizen Centers & Services**

Golden Age Center .....	719-275-5177
Area Agency on Aging .....	719-539-3341
Florence Senior Community Center .....	719-784-6493
Penrose Senior Citizens Club .....	719-372-3872
Meals on Wheels .....	719-275-8548
Friendly Visitors .....	719-275-3900
Long Term Care .....	719-275-2318
Grandparents Raising Grandchildren .....	719-545-6821

**Veterans Services**

Fremont County Veterans Officer .....	719-276-7400
VA Outpatient Clinic .....	719-553-1000
Rocky Mountain Human Services .....	719-649-2974
Bruce McCandless Veterans Living Center .....	719-784-6331

**Food Banks & Hot Meals**

<b>Loaves &amp; Fishes Ministries.....</b>	<b>719-275-0593</b>
241 Justice Center Rd, 81212	
Hot Meals: Monday-Thursday 7:00am & 6:00pm	
Food Bank: Monday-Thursday 9:00am - 3:30pm	
<b>Mercy Today Ministries.....</b>	<b>719-276-9242</b>
320 N. 16th St, 81212	
Free Lunch: Tuesdays 12:00pm-1:00pm	
Food Pantry: Tuesday-Thursday 10:00am	
<b>Seventh Day Adventist Church.....</b>	<b>719-557-0716</b>
3180 E. Main St, 81212	
Food Bank & Clothing Bank: Every Tuesday 9:00am-11:45am	
<b>First United Methodist Church.....</b>	<b>719-275-0681</b>
801 Main St, 81212	
Hot Meal: Every 3rd Saturday of the month at 11:00am	
Food Bank: 2nd & 4th Thursdays of the month at 10:00am	
Emergency Food: Monday-Thursday	
<b>The Pantry of Fremont (Cañon City).....</b>	<b>719-275-2623</b>
629 Harrison St, 81212 (Royal Gorge Vineyard)	
*** Bring Own Box ***	
Food Bank: 2nd & 4th Tuesdays of month at 12:30pm	
Perishables (breads, produce): 1st & 3rd Tuesdays of month & every Friday 9:30am-10:30am	
<i>Call for Emergency Food Box (only 1 every 90 days)</i>	
<b>Kiononia Soup Kitchen (Florence).....</b>	<b>719-784-2149</b>
Rosebud Café, Main St, 2nd Thursday of month 4pm-6pm	
Two Sisters, Main St, 4th Thursday of month 4pm-6pm	
<b>Financial Assistance, Clothing &amp; Household Items</b>	
TANF (Low Income Assistance) .....	719-275-2318
Childcare & Child Support Assistance .....	719-275-2318
One Time Grant (Rent, Utility or Auto Repair)	719-275-1675
Food Stamps .....	719-275-2318
Section 8 Housing .....	719-275-9566
WIC (Women, Infant & Children) .....	719-275-1580
Fremont Humane Society (Free Pet Food) .....	719-275-0663
Loaves & Fishes Ministries .....	719-275-0593
Cañon City Pregnancy Center .....	719-275-7074
Seventh Day Adventist Church .....	719-557-0716
Manna House .....	719-784-1955
Clothes, Shoes, Coats & More .....	719-372-3163
Laundry Love (Florence) .....	719-784-2149
Free use of washers, dryers, detergent, fabric softener 3rd Thursday of every month 1pm-3pm (last load in washer by 2pm). 3 loads per person, 6 per family.	