

# FREMONT COUNTY RESOURCE GUIDE

FREMONT COUNTY



**Elevation:** 5332 ft - **Population:** 47985

**Zip:** Cañon City 81212 - Florence 81226 -Penrose 81240

## Emergency/Crisis Phone Numbers

<b>Police Emergency</b> .....	<b>911</b>
Police Non-Emergency Cañon City .....	<b>719-276-5600</b>
Non-Emergency Florence .....	<b>719-784-3411</b>
<b>Sheriff Emergency</b> .....	<b>911</b>
Sheriff Non-Emergency Cañon City .....	<b>719-276-5555</b>
<b>Cañon City Fire Department</b> .....	<b>719-275-8666</b>
<b>Florence Fire Department</b> .....	<b>719-784-3611</b>
Child Abuse Reporting During Hours .....	<b>719-275-2318</b>
After Hours .....	<b>719-285-2000</b>
<b>Family Crisis Domestic Violence/Shelter)</b>	<b>719-275-2429</b>
Emergency Respite/Child Care .....	<b>719-275-0550</b>
Poison Control .....	<b>800-222-1222</b>
<b>Colorado Crisis Services</b> .....	<b>844-493-TALK</b>
Suicide Prevention Call anytime .....	<b>844-493-8255</b>
<b>Solvista Health 24/7 Crisis line</b> .....	<b>719-275-2351</b>
Rape Crisis Hotline .....	<b>719-275-2429</b>
Drug & Alcohol Hotline .....	<b>800-996-3784</b>
Youth Crisis Hotline .....	<b>800-448-4663</b>
Crime Stoppers .....	<b>719-275-7867</b>
Crime Victims Compensation Program .....	<b>719-269-0170</b>
Elderly Abuse (to report) .....	<b>719-275-2318</b>
Gang Prevention Information .....	<b>719-276-5555</b>
Victim's Assistance Unit .....	<b>719-276-5518</b>
Victim/Witness Program .....	<b>719-269-0170</b>
National Human Trafficking Resource Center .	<b>888-373-7888</b>
Colorado Network to end Human Trafficking ..	<b>866-455-5075</b>

## Day Centers

## Housing & Shelters

<b>Loaves &amp; Fishes Ministries</b> .....	<b>719-275-0593</b>
Family Crisis Center .....	<b>719-275-2429</b>
Housing and Homeless Prevention .....	<b>719-544-4233</b>

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[www.fremontcountyhc.com](http://www.fremontcountyhc.com)

## Health Wellness & Treatment Programs

<b>St Thomas More Hospital</b> .....	<b>719-285-2000</b>
1338 Phay Ave, 81212	
<b>Department of Human Services Medicaid...</b>	<b>719-275-2318</b>
172 Justice Center Rd, 81212	
<b>Fremont County Public Health</b> .....	<b>719-276-7450</b>
201 N. 6th St, 81212	
<b>Cañon City Pregnancy Center</b> .....	<b>719-275-7074</b>
508 Greenwood, 81212	
<b>WIC (Women, Infant, Children)</b> .....	<b>719-275-1580</b>
3224-A Independence Rd, 81212	
<b>Solvista Health</b> .....	<b>719-275-2351</b>
3225 Independence Rd, 81212	
<b>Rocky Mountain Behavioral Health</b> .....	<b>719-275-7650</b>
3239 Independence Rd, 81212	
<b>Aspen Family Center</b> .....	<b>719-269-8338</b>
615 N. 15th St, 81212	
<b>Hospice Services</b> .....	<b>719-275-1261</b>
601 Greenwood Ave, 81212	
<b>Valley Wide Health Services</b> .....	<b>719-275-2301</b>
121 N. 6th Street, Cañon City, Mobile Van, Dental	
<b>St. Thomas More Physician Group</b> .....	<b>719-285-2700</b>
1338 Phay Ave Bldg D, Cañon City	
<b>National Alliance on Mental Illness.....</b>	<b>719-315-4975</b>

## Family Resources

<b>Fremont County Family Center</b> .....	<b>719-269-1523</b>
1333 Elm Ave, 81212	
Car Seats, Infant/Toddler Programs, Early Head Start & First Steps, Parents as Teachers Home Visiting, Passport, Playgroups, Teen Parent Support Group, CHP+/Medicaid application assistance & more.	
<b>Project ECHO/ACCESS Center</b> .....	<b>719-276-6174</b>
<b>Colorado Preschool Program</b> .....	<b>719-276-6174</b>
<b>Head Start</b> .....	<b>719-275-8636</b>
<b>Cañon City School District RE-1 Admin</b> .....	<b>719-276-5700</b>
<b>Florence School District RE-2 Admin</b> .....	<b>719-784-6312</b>
<b>Penrose Elementary School (RE-2)</b> .....	<b>719-372-6777</b>
<b>Pueblo Community College Fremont Campus</b> ....	<b>719-296-6100</b>
<b>GED - General Education Development</b> .....	<b>719-647-0023</b>

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## Government Numbers

<b>County Courthouse</b> .....	<b>719-269-0100</b>
136 Justice Center Rd, 81212	
<b>Cañon City Hall</b> .....	<b>719-269-9011</b>
128 Main St, 81212	
<b>Florence City Hall</b> .....	<b>719-784-4848</b>
600 W. 3rd St, 81226	
<b>Upper Arkansas Area Council of Governments .</b>	<b>719-275-8350</b>
3224-A Independence Rd, 81212	
<b>Colorado State ID Cards/Driver's License ...</b>	<b>719-275-5617</b>
127 Justice Center Rd, 81212	
<b>Fremont County Public Health &amp; Environment .</b>	<b>719-276-7450</b>
201 N. 6th St, 81212	
<b>Department of Labor &amp; Employment</b> .....	<b>719-275-7408</b>
3224-B Independence Rd, 81212	
<b>Department of Human Services</b> .....	<b>719-275-2318</b>
172 Justice Center Rd, 81212	
<b>Handicap Placard/License Plates</b> .....	<b>719-276-7330</b>
615 Macon Ave Rm 102, 81212	
<b>Social Security Administration</b> .....	<b>719-275-7848</b>
115 N. 10th St, 81212	
<b>Unemployment Insurance</b> .....	<b>800-388-5515</b>
Free Government Cell Phone .	<a href="https://qlinkwireless.com">https://qlinkwireless.com</a>

## Legal Aid & Information

<b>CASA</b> .....	<b>719-269-2393</b>
<b>Cañon City Library (Call for Information) ..</b>	<b>719-269-9020</b>
<b>Legal Aid (Southwest Colorado)</b> .....	<b>800-395-2465</b>
<b>Colorado Legal Services</b> .....	<b>719-471-0380</b>
<b>The Legal Center (Persons w/ Disabilities)</b>	<b>800-288-1376</b>

## Employment & Training

<b>Colorado Workforce Center</b> .....	<b>719-275-7408</b>
<b>WIOA (Job Training)</b> .....	<b>719-275-7408</b>
<b>Department of Human Services</b> .....	<b>719-275-2318</b>
<b>Fremont County Headstart GED</b> .....	<b>719-275-8636</b>
<b>Loaves &amp; Fishes (Day Labor Signup)</b> .....	<b>719-275-0593</b>
<b>Budget Counseling (UAACOG)</b> .....	<b>719-269-7687</b>
<b>Home Buyer Counseling &amp; Education</b> .....	<b>719-269-7687</b>
<b>Cañon City Public Library (Computers)</b> .....	<b>719-269-9020</b>
<b>John C Fremont Library(Florence Computers)</b>	<b>719-784-4649</b>

### Utility Assistance

LEAP .....	719-275-2318
Loaves & Fishes .....	719-275-0593
CSBG Grant (one time only) .....	719-275-1675
Fremont County Family Center .....	719-275-0550

### Transportation

Fremont County Transit .....	719-276-5200
Fremont Cab .....	719-784-2222
Friendly Visitors (Senior Citizens) .....	719-275-3900

### Childcare

Fremont County Headstart .....	719-275-8636
Children First (childcare referral service) .....	719-269-6118
Mile High United Way's Child Care .....	877-338-2273
Kid's Klub .....	719-275-1578

### Laundry

<b>Laundry Love (Florence)</b> .....	<b>719-784-2149</b>
608 East Main, Florence	
Free use of washers, dryers, detergent, fabric softener 3rd Thursday of every month 1pm-3pm (last load in washer by 2pm). 3 loads per person, 6 per family.	
<b>Laundry Love (Cañon City)</b> .....	<b>719-275-2028</b>
Christ Episcopal Church	

### Notes

Provided courtesy of the  
**Fremont County Homeless Coalition**  
241 Justice Center Rd  
Cañon City, Colorado 81212  
[www.fremontcountyhc.com](http://www.fremontcountyhc.com)

Questions about this guide? Please call .... 719-275-0593

FREMONT COUNTY

HOMELESS  COALITION

### Parent Workshops & Training

<b>DHS (Department of Human Services)</b> .....	<b>719-275-2318</b>
Family Crisis .....	719-275-2429
Fremont County Family Center .....	719-275-0550
Head Start .....	719-275-8636
Children First .....	719-269-6119
RE-1 School District .....	719-276-5700

### Support & Self Help Groups

Alcoholics & Narcotics Anonymous .....	719-276-9152
Alano Club .....	719-542-6347
Awareness Institute .....	719-546-0904
Parkview Chemical Dependency Program .....	719-584-4343
Families of children w/emotional disorders .	719-275-0550
Infant/Child Loss Support Group .....	719-275-0550
Teen Moms (PIPE) .....	719-275-0550
Drug & Alcohol Treatment .....	719-275-7650
Colorado QuitLine (smoking cessation) .....	800-784-8669

### Persons With Special Needs

Starpoint .....	719-275-1616
Handicapped Children's Program .....	719-269-7450
Peak Parent Center .....	800-284-0251
Respite Care (Caretakers of Senior Citizens) .	719-275-3900
Respite Care (Families w/ Disabled Children) .	719-275-0550
Social Security Administration .....	866-272-5728

### Senior Citizen Centers & Services

Golden Age Center .....	719-275-5177
Area Agency on Aging .....	719-539-3341
Florence Senior Community Center .....	719-784-6493
Penrose Senior Citizens Club .....	719-372-3872
Friendly Visitors .....	719-275-3900
Long Term Care .....	719-275-2318
Grandparents Raising Grandchildren .....	719-545-6821

### Veterans Services

Fremont County Veterans Officer .....	719-276-7400
VA Outpatient Clinic .....	719-553-1000
Rocky Mountain Human Services .....	719-649-2974
Volunteers of America Pueblo (VOA).....	303-210-1603
Bruce McCandless Veterans Living Center .....	719-784-6331

FREMONT COUNTY

HOMELESS  COALITION

### Food Banks & Hot Meals

<b>Loaves &amp; Fishes Ministries</b> .....	<b>719-275-0593</b>
241 Justice Center Rd, 81212	
Hot Meals: Monday-Thursday 7:00am & 6:00pm	
Food Bank: Monday-Thursday 9:00am - 3:30pm	
<b>Mercy Today Ministries</b> .....	<b>719-276-9242</b>
1336 Elm Ave, 81212	
Free Lunch: Tuesdays 12:00pm-1:00pm	
Food Pantry: Tuesdays 10:00am-1:00pm (1 time/Month)	
<b>Seventh Day Adventist Church</b> .....	<b>719-557-0716</b>
3180 E. Main St, 81212	
Food Clothing, Financial: Every Tuesday 9:00am-11:45am	
<b>First United Methodist Church</b> .....	<b>719-275-4191</b>
801 Main St, 81212 x111	
Hot Meal: Every 1st Saturday of the month at 11:00am	
Food Bank: 2nd & 4th Thursdays of the month at 10:00am	
Emergency Food: Monday-Thursday	
<b>The Pantry of Fremont (Cañon City)</b> .....	<b>719-458-9252</b>
629 Harrison St, 81212 (Royal Gorge Vineyard)	
*** Bring Your Own Box ***	
Food Bank: 2nd & 4th Tuesdays of month at 12:30-2:30pm	
Perishables (breads, produce): 1st & 3rd Tuesdays of month & every Friday 9:30am-10:30am	
Call for Emergency Food Box (only 1 every 90 days)	
<b>Kiononia Soup Kitchen (Florence)</b> .....	<b>719-784-2149</b>
Two Sisters Restaurant, 104 East Main St.	
2nd & 4th Thursday of month 4pm-6pm	
<b>Upper Arkansas Area Council of Governments</b>	<b>719-275-8350</b>
3224-A Independence Rd, 81212	
Apply for the commodities program at the office.	
<b>Meals on Wheels</b> .....	<b>719-275-8548</b>
<b>Food Stamps (SNAP)</b> .....	<b>719-275-2318</b>
<b>Compassion Food Bank of S. Colorado</b>	<b>719-406-4174</b>
200 Justice Center Rd.	
\$100 of food for \$25/4th Saturday 10am - 1pm	
<b>Manna House (Florence)</b> .....	<b>719-784-1955</b>
115 E Main M-W-F 9-11:45am /1 food box/month	
<b>Financial Assistance, Clothing &amp; Household Items</b>	
TANF (Low Income Assistance) .....	719-275-2318
Childcare & Child Support Assistance .....	719-275-2318
One Time Grant (Rent, Utility or Auto Repair)	719-275-1675
Section 8 Housing .....	719-275-9566
WIC (Women, Infant & Children) .....	719-275-1580
Fremont Humane Society (Free Pet Food) .....	719-275-0663
Loaves & Fishes Ministries .....	719-275-0593
Cañon City Pregnancy Center .....	719-275-7074
Seventh Day Adventist Church .....	719-557-0716