

# FREMONT COUNTY RESOURCE GUIDE

FREMONT COUNTY

HOMELESS  COALITION

**Elevation:** 5332 ft - **Population:** 47985

**Zip:** Cañon City 81212 - Florence 81226 -Penrose 81240

## Emergency/Crisis Phone Numbers

<b>Police Emergency</b> .....	<b>911</b>
Police Non-Emergency Cañon City .....	719-276-5600
Non-Emergency Florence .....	719-784-3411
<b>Sheriff Emergency</b> .....	<b>911</b>
Sheriff Non-Emergency Cañon City .....	719-276-5555
<b>Cañon City Fire Department</b> .....	719-275-8666
<b>Florence Fire Department</b> .....	719-784-3611
<b>Child Abuse Reporting</b> Daytime Hours ....	719-275-2318
After Hours .....	719-285-2000
<b>Suicide Prevention Call or Text 24/7</b> .....	<b>988</b>
<b>Colorado Crisis Services</b> .....	844-493-TALK
<b>Family Crisis Domestic Violence/Shelter)</b> .....	719-275-2429
Emergency Respite/Child Care .....	719-275-0550
<b>Poison Control</b> .....	800-222-1222
<b>Solvista Health 24/7 Crisis line</b> .....	719-275-2351
Rape Crisis Hotline .....	719-275-2429
Drug & Alcohol Hotline .....	800-996-3784
Youth Crisis Hotline .....	800-448-4663
Crime Stoppers .....	719-275-7867
Crime Victims Compensation Program .....	719-269-0170
Elderly Abuse (to report) .....	719-275-2318
Gang Prevention Information .....	719-276-5555
Victim's Assistance Unit .....	719-276-5518
Victim/Witness Program .....	719-269-0170
National Human Trafficking Resource Center .	888-373-7888
Colorado Network to end Human Trafficking ..	866-455-5075

## Housing & Shelters

<b>Loaves &amp; Fishes Ministries</b> .....	719-275-0593
Family Crisis Center .....	719-275-2429
Housing and Homeless Prevention .....	719-544-4233
Section 8 Housing .....	719-275-9566
Journey Home, Housing help of all kinds, WIC	
Address: 3224-A Independence Rd.	

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[www.fremontcountyhc.com](http://www.fremontcountyhc.com)

## Health Wellness & Treatment Programs

<b>St Thomas More Hospital</b> .....	719-285-2000
1338 Phay Ave, 81212	
<b>Department of Human Services Medicaid...</b>	719-275-2318
172 Justice Center Rd, 81212	
<b>Fremont County Public Health</b> .....	719-276-7450
201 N. 6th St, 81212	
<b>Cañon City Pregnancy Center</b> .....	719-275-7074
614 Yale Place, 81212	
<b>WIC (Women, Infant, Children)</b> .....	719-275-1580
3224-A Independence Rd, 81212	
<b>Solvista Health</b> .....	719-275-2351
3225 Independence Rd, 81212	
<b>Rocky Mountain Behavioral Health</b> .....	719-275-7650
3239 Independence Rd, 81212	
<b>Aspen Family Center</b> .....	719-269-8338
615 N. 15th St, 81212	
<b>Hospice Services</b> .....	719-275-1261
601 Greenwood Ave, 81212	
<b>Valley Wide Health Services</b> .....	719-275-2301
121 N 6th Street, Cañon City, Mobile Van, Dental	
<b>St. Thomas More Physician Group</b> .....	719-285-2700
1338 Phay Ave Bldg D, Cañon City	
<b>National Alliance on Mental Illness.....</b>	719-315-4975

## Family Resources

<b>Fremont County Family Center.....</b>	719-269-1523
1333 Elm Ave, 81212	
Car Seats, Infant/Toddler Programs, Early Head Start	
& First Steps, Parents as Teachers Home Visiting,	
Passport, Playgroups, Teen Parent Support Group,	
CHP+/Medicaid application assistance & more.	
<b>Project ECHO/ACCESS Center</b> .....	719-276-6174
<b>Colorado Preschool Program</b> .....	719-276-6174
<b>Head Start</b> .....	719-275-8636
<b>Cañon City School District RE-1 Admin</b> .....	719-276-5700
<b>Florence School District RE-2 Admin</b> .....	719-784-6312
<b>Penrose Elementary School (RE-2)</b> .....	719-372-6777
<b>Pueblo Community College Fremont Campus</b> ...	719-296-6100
<b>GED - General Education Development</b> .....	719-647-0023

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## Government Numbers

<b>County Courthouse</b> .....	719-269-0100
136 Justice Center Rd, 81212	
<b>Cañon City Hall</b> .....	719-269-9011
128 Main St, 81212	
<b>Florence City Hall</b> .....	719-784-4848
600 W. 3rd St, 81226	
<b>Upper Arkansas Area Council of Governments .</b>	719-275-8350
3224-A Independence Rd, 81212	
<b>Colorado State ID Cards/Driver's License ...</b>	719-275-5617
127 Justice Center Rd, 81212	
<b>Fremont County Public Health &amp; Environment .</b>	719-276-7450
201 N. 6th St, 81212	
<b>Department of Labor &amp; Employment</b> .....	719-275-7408
3224-B Independence Rd, 81212	
<b>Department of Human Services</b> .....	719-275-2318
172 Justice Center Rd, 81212	
<b>Handicap Placard/License Plates</b> .....	719-276-7330
615 Macon Ave Rm 102, 81212	
<b>Social Security Administration</b> .....	866-272-5728
115 N. 10th St, 81212	
<b>Unemployment Insurance</b> .....	800-388-5515
Free Government Cell Phone <a href="https://qlinkwireless.com">https://qlinkwireless.com</a>	

## Legal Aid & Information

<b>CASA</b> .....	719-269-2393
<b>Cañon City Library (Call for Information)</b> ..	719-269-9020
<b>Legal Aid (Southwest Colorado)</b> .....	800-395-2465
<b>Colorado Legal Services</b> .....	719-471-0380
<b>The Legal Center (Persons w/ Disabilities)</b>	800-288-1376

## Employment & Training

<b>Colorado Workforce Center</b> .....	719-275-7408
<b>WIOA (Job Training)</b> .....	719-275-7408
<b>Department of Human Services</b> .....	719-275-2318
<b>Fremont County Headstart GED</b> .....	719-275-8636
<b>Loaves &amp; Fishes (Day Labor Signup)</b> .....	719-275-0593
<b>Budget Counseling (UAACOG)</b> .....	719-269-7687
<b>Home Buyer Counseling &amp; Education</b> .....	719-269-7687
<b>Cañon City Public Library (Computers)</b> .....	719-269-9020
<b>John C Fremont Library(Florence Computers)</b>	719-784-4649

### Utility Assistance

LEAP .....	719-275-2318
Loaves & Fishes .....	719-275-0593
CSBG Grant (one time only) .....	719-275-1675
Fremont County Family Center .....	719-275-0550

### Transportation

Fremont County Transit .....	719-276-5200
Fremont Cab .....	719-784-2222
Friendly Visitors (Senior Citizens) ....	719-275-3900

### Childcare

Fremont County Headstart .....	719-275-8636
Children First (childcare referral service)	719-269-6118
Mile High United Way's Child Care .....	877-338-2273
Kid's Klub .....	719-275-1578
The Ark Childcare, Florence, CO .....	719-784-4505

### Senior Citizen and Services

Area Agency on Aging .....	719-539-3341
Florence Senior Community Center.....	719-784-6493
Friendly Visitors .....	719-275-3900
Golden Age Center .....	719-275-5177
Grandparents Raising Grandchildren .....	719-545-6821
Long Term Care .....	719-275-2318
Penrose Senior Community Center.....	719-372-3872

### Financial Assistance, Clothing & Household Items

TANF (Low Income Assistance) .....	719-275-2318
Childcare & Child Support Assistance .....	719-275-2318
One Time Grant (Rent, Utility or Auto Repair)	719-275-1675
Section 8 Housing .....	719-275-9566
WIC (Women, Infant & Children) .....	719-275-1580
Fremont Humane Society ( <b>Free Pet Food</b> ) .....	719-275-0663
Loaves & Fishes Ministries .....	719-275-0593
Cañon City Pregnancy Center .....	719-275-7074
Seventh Day Adventist Church .....	719-557-0716

#### Fremont County Homeless Coalition

241 Justice Center Rd  
Cañon City, Colorado 81212

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Questions about this guide? Please call .... 719-275-0593



### Parent Workshops & Training

<b>DHS (Department of Human Services) .....</b>	<b>719-275-2318</b>
Family Crisis .....	719-275-2429
Fremont County Family Center .....	719-275-0550
Head Start .....	719-275-8636
RE-1 School District .....	719-276-5700
RE-2 School District .....	719-784-6312
Children First .....	719-269-6119

### Support & Self Help Groups

Alcoholics & Narcotics Anonymous .....	888-245-7356
Alano Club .....	719-542-6347
Families of children w/emotional disorders	719-275-0550
Infant/Child Loss Support Group .....	719-275-0550
Teen Moms (PIPE) .....	719-275-0550
Drug & Alcohol Treatment .....	719-275-7650
Colorado QuitLine (smoking cessation) .....	800-784-8669
Parkview Chemical Dependency Program .....	719-584-4343

### Persons With Special Needs

Starpoint .....	719-275-1616
Handicap Childrens Program .....	719-269-7450
Peak Parent Center .....	800-284-0251
Starpoint .....	719-275-1616
Respite Care (Caretakers of Senior Citizens) .	719-275-3900
Respite Care (Families w/ Disabled Children) .	719-275-0550
Social Security Administration .....	866-272-5728

### Senior Citizen Centers & Services

Golden Age Center .....	719-275-5177
Area Agency on Aging .....	719-539-3341
Florence Senior Community Center .....	719-784-6493
Penrose Senior Citizens Club .....	719-372-3872
Friendly Visitors .....	719-275-3900
Long Term Care .....	719-275-2318
Grandparents Raising Grandchildren .....	719-545-6821

### Veterans Services

Fremont County Veterans Officer .....	719-276-7400
VA Outpatient Clinic .....	719-553-1000
Rocky Mountain Human Services .....	719-649-2974
Volunteers of America Pueblo (VOA).....	719-621-4113
Bruce McCandless Veterans Living Center .....	719-784-6331



### Food Banks & Hot Meals

#### Cañon City

<b>Loaves &amp; Fishes Ministries.....</b>	<b>719-275-0593</b>
241 Justice Center Rd, 81212	
Hot Meals: Monday-Sunday 7:00am and 6:00pm	
Food Bank: Monday-Thursday 9:00am thru 1:00pm	
<b>Mercy Today Ministries.....</b>	<b>719-276-9242</b>
1336 Elm Ave, 81212	
Free Lunch: Tuesdays 12:00pm-1:00pm	
Food Pantry: Tuesdays 10:00am-1:00pm (1 time/Month)	
<b>Seventh Day Adventist Church.....</b>	<b>719-557-0716</b>
3180 E. Main St, 81212	
Food Clothing, Financial: Tuesdays 9:00am-11:45am	
<b>First United Methodist Church.....</b>	<b>719-275-4191</b>
801 Main St, Fellowship Hall, 81212 x111	
Hot Meal: 3rd Saturday of the month at 11:00am	
Food Bank: 2nd & 4th Thursdays at 10-11:00 am	
Emergency Food: in office Monday-Thursday	
<b>The Pantry of Fremont .....</b>	<b>719-458-9252</b>
312 S. Ninth St. #3	
Tuesday 2:00pm - 5:00pm	
Thursday 11:00am - 2:00pm Saturday 10:00-1:00	
<b>Upper Arkansas Area Council of Governments</b>	<b>719-275-8350</b>
3224-A Independence Rd, 81212	
Apply for the commodities program at the office.	
<b>Meals on Wheels .....</b>	<b>719-275-8548</b>
<b>Food Stamps (SNAP).....</b>	<b>719-275-2318</b>
<b>Compassion Food Bank of S. Colorado</b>	<b>719-406-4174</b>

#### Florence

<b>Manna House .....</b>	<b>719-784-1955</b>
115 E Main M-W-F 9-11:45am /1 food box/month	
<b>Kiononia Soup Kitchen (Florence).....</b>	<b>719-784-2149</b>
Two Sisters Restaurant, 104 East Main St.	
2nd & 4th Tuesdays 4pm-6pm	

#### Penrose

<b>My Neighbor's Cupboard .....</b>	<b>719-494-6584</b>
104 Broadway <a href="http://myneighborscupboard.com">myneighborscupboard.com</a>	
Wednesdays 3:30pm-5:30pm Thursdays 11:00am-1:00pm	
Saturdays 11:00am-1:00pm *(1st, 2nd, & 4th Sat. of month)	
3rd Saturday 10:00am-1:00pm - <b>Mobile Market Outreach</b>	
Located at: 100 Illinois Ave., Penrose	
<b>Kiononia Soup Kitchen (Penrose).....</b>	<b>719-784-2149</b>
Senior Center, 405 Broadway across from VFW	
1st & 3rd Tuesdays 4pm-6pm	

Call ahead for all Food Banks & Pantries !!!